



## *La Verna*

*a place of Capuchin Franciscan Prayer & Spirituality*

Faith & Spiritual Renewal in the Franciscan Tradition  
Retreats—Workshops—Presentations

**Opening this FALL (2022)**

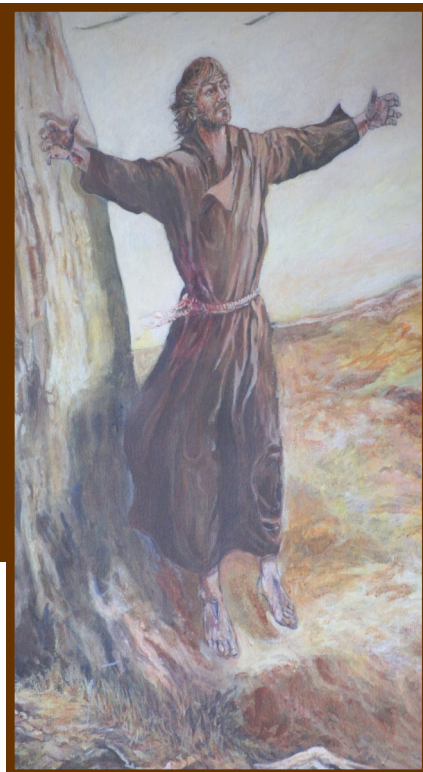
**Located at  
820 Frank Street  
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For information prior to our opening please email: [laverna@capuchins.ca](mailto:laverna@capuchins.ca)



**BRO ALAN GAEBEL, OFM, CAP.**  
Faith & Spiritual Renewal  
La Verna Animator



**BRO STEPHEN  
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Parish Help-out Ministry



a ministry of the  
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