



Parish-Based Sacramental Preparation Program

CONFIRMATION

PARENT SESSION B

Jesus Christ

SESSION OUTLINE

Parish-Based Sacramental Preparation

PARENT SESSION for Confirmation Sacramental Preparation

Session B – Jesus Christ

OPENING PRAYER

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

V. Send forth your Spirit, and they shall be created.

R. And You shall renew the face of the earth.

Let us pray: **O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations.**

Through Christ Our Lord. Amen.

OVERVIEW OF CONFIRMATION – SESSIONS FOR PARENTS

- To assist the children in their spiritual growth;
- To encourage faith discussions at home; and
- To encourage adults within the faith community to engage in discussions about their faith.

WELCOME

Tell us a little bit about someone in your life who has really impressed and inspired you.

CATECHESIS

Outline the 5 key points which will be covered in the DVD:

FIVE KEY POINTS

- Jesus is God made man. The mystery of the “Incarnation” refers to God taking on flesh.
- The name Jesus means "God saves". He was “conceived by the power of the Holy Spirit and born of the Virgin Mary.”
- Jesus is true God and true man.
- Why did Jesus come to us? 1. To remove sin and reconcile us to God; 2. To reveal God’s love; 3. To be a model of holiness and show us how to live; 4. To fill us with his divine life.
- This is a personal invitation: Jesus comes to save each one of us, to show us how much God loves us, to show us how to live, and to bring us to eternal life.

Notes for the Catechist:

These are not points to be taught as such, they are resources for the catechist to deepen his own understanding of the truths of faith in order to be able to better communicate them.

Quote from Chosen, Student Workbook:

"...In the New Testament, God the Son is especially revealed. Through the life of Christ, God's promise of a redeemer is fulfilled in the Incarnation, when God took on a human nature in the person of Jesus Christ. By his suffering, Death and Resurrection, and Ascension into heaven, Jesus showed us his love, paid the price for our sins, and restored our created purpose. Finally, the Holy Spirit is more explicitly active in the life of the Church. By instituting the sacraments and passing on his authority to his apostles, Christ ensured that his presence would continue in the world until the end of time."

Notes from the Catechism of the Catholic Church:

#421 Christians believe that "the world has been established and kept in being by the Creator's love; has fallen into slavery to sin but has been set free by Christ, crucified and risen to break the power of the evil one. . ." (GS 2 # 2).

413 "God did not make death, and he does not delight in the death of the living. . . It was through the devil's envy that death entered the world" (⇒ Wis 1:13; ⇒ 2:24).

414 Satan or the devil and the other demons are fallen angels who have freely refused to serve God and his plan. Their choice against God is definitive. They try to associate man in their revolt against God.

416 By his sin Adam, as the first man, lost the original holiness and justice he had received from God, not only for himself but for all human beings.

417 Adam and Eve transmitted to their descendants human nature wounded by their own first sin and hence deprived of original holiness and justice; this deprivation is called "original sin".

418 As a result of original sin, human nature is weakened in its powers, subject to ignorance, suffering and the domination of death, and inclined to sin (this inclination is called "concupiscence").

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Play the SYMBOLON DVD Part 1: Session 5: Who is Jesus?: Part 2

Review the 5 points from the DVD outlined above. The points are now represented in picture format to reinforce them visually.

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- The name Jesus means "God saves". He was "conceived by the power of the Holy Spirit and born of the Virgin Mary."
- Jesus is true God and true man.

- Why did Jesus come to us? 1. To remove sin and reconcile us to God; 2. To reveal God's love; 3. To be a model of holiness and show us how to live; 4. To fill us with his divine life.
- This is a personal invitation: Jesus comes to save each one of us, to show us how much God loves us, to show us how to live, and to bring us to eternal life.

FAITH WITNESS

Share a brief story from your own faith life which reflects one of the five key points.

DISCUSSION QUESTIONS

1. When we remember the story of Christmas, what are some ways that we know Jesus is truly man? Or truly God?
2. How did this event change the world and even the course of history?
3. Why do you think Jesus came to earth?
4. What are some ways to help our children learn about Jesus Christ?
5. What are some ways to remember the true meaning of Christmas?

HOME ACTIVITY

HOMEWORK: CHOSEN, student workbook:

Lesson 6: Why be Catholic? (Discovering the Church Jesus founded) Skip p. 47

- **Mass Journal & Service Project Proposal**

NEXT CLASS: Parents Invited to Attend Student Session 4 – DATE & TIME _____

HOME ACTIVITY

TODAY IN CLASS: Student Session 3: CHOSEN Lesson 5: Who is Jesus? (The Person and Mission of Christ)

CONVERSATION STARTERS

Who is Jesus?

Who is Jesus to me?

What can we do this year to remember the real meaning of Christmas?

INVITATION TO PERSONAL PRAYER

Adoration: Think about God, my Saviour

Contrition: Ask forgiveness for any times this week when I was ungrateful .

Thanksgiving: Thank God for the gift of Jesus coming to earth to save me.

Supplication: Ask for things I need in my life.

PARENT DISCUSSION

Provide parents with time in groups to review the homework. Ask them to discuss these questions together as they look over the topics for home activity.

- How do you plan to approach the home activities with your child? Are you clear on the home activity which will be reviewed at the child's next session of sacramental preparation?
- Which home activity topics do you anticipate will be easily understood by your child?
- Which home activity topics do you think may pose a challenge for your child? How will you talk about these topics with your child?

EXIT CARD

- In what ways did this session help you in your faith and your role as a parent supporting your child's faith journey?
- For next time, what would you like to see included in the session to address your questions of faith and help you in your child's faith journey preparing to receive the Sacrament of Confirmation?
- Are there other things we need to know to assist you, your child and family?

CLOSING PRAYER

Almighty and eternal God,
who has given us new life through water and the Holy Spirit,
send forth from heaven and shower upon us
the gifts of the Holy Spirit:
wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.
Amen.