



PARENT SESSION for Confirmation Sacramental Preparation

The Sacrament of Confirmation

Session D

OPENING PRAYER: Come Holy Spirit



Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

V. Send forth your Spirit, and they shall be created.

R. And You shall renew the face of the earth.

Let us pray.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations. Through Christ Our Lord. Amen.

Aims for the Parent Sessions

- To assist the children in their spiritual growth;
- To encourage faith discussions at home; and
- To encourage adults within the faith community to engage in discussions about their faith.

Welcome



Share an experience of participating in one of the sacraments of initiation: Baptism, Holy Communion, or Confirmation.

Six Parent Sessions*



Session A- Salvation History

Session B- Jesus Christ

Session C - The Sacrament of Confession

Session D - The Sacrament of Confirmation

Session E - The Sacrament of the Eucharist

Session F - The Sacrament of Marriage

*Matching the topics covered by students in CHOSEN.

Five Key Points



- The Holy Spirit was given to the apostles on Pentecost when they received courage to proclaim the Gospel.
- There is a close relationship between Baptism and Confirmation. Confirmation is a strengthening of baptismal grace and a new outpouring of the Holy Spirit.

Five Key Points



- The Holy Spirit dwells within every baptized Christian. God gives us his Holy Spirit to make us more like Jesus.
- The Sacrament of Confirmation gives the Holy Spirit to root us more deeply in Christ and strengthens us to witness to Christ in the world.
- The gifts of the Holy Spirit are wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.

FILM CLIP ABOUT Confirmation



- WATCH SYMBOLON Part 1: Episode 7: The Holy Spirit and the Life of Grace Part 2

REVIEW OF 5 KEY POINTS

1.



2.



3.



4.



5.



FAITH WITNESS



DISCUSSION QUESTIONS



- How do you see the sacraments being present at pivotal moments in our lives?
- How do you see the church's role as similar to a human family in accompanying the growth of the spiritual life?
- How can we help our children to grow in their spiritual lives?
- Why is the sacrament of Confirmation important to give us strength to continue to follow our Baptismal call as sons and daughters of God?
- What do you think it means to give witness to Christ in our world?

HOME ACTIVITY

TODAY IN CLASS: Student Session 7: Lesson 14: Why have I been chosen? (Sealed and Sent in Confirmation)

CONVERSATION STARTERS

- How do you feel about receiving Confirmation?
- Confirmation is known as the sacrament of Christian maturity. How has your understanding of the Faith changed in the past few years? How about in the past few months?
- In what areas do you think you still need to learn or grow in order to continue your journey of faith?

INVITATION TO PERSONAL PRAYER

- *Adoration: Think about God, the Holy Spirit, who always gives me the strength I need to follow him.*
- *Contrition: Ask forgiveness for not following God's plan in my life*
- *Thanksgiving: Thank God for the gifts I have received especially my talents, my family, etc.*
- *Supplication: Ask for strength to follow Jesus today, in my school, in my family, etc.*

HOMEWORK

NEXT CLASS:

Student Session 8: Lesson 15: Why do I have to go to Mass?
(Encountering Jesus in the Eucharist)

Parent Session E: The Sacrament of Holy Communion

HOMEWORK

CHOSEN, student workbook:

Hmwk: Lesson 18 - Are you talking to me? (Getting to Know
God Through Prayer)

- Letter to Bishop
- Mass Journal Part 2 & Service Project Part 2 & Saint Project

Parent Discussion

- How do you plan to approach the home activities with your child? Are you clear on the homework which will be reviewed at the child's next session of sacramental preparation?
- Which home activity topics do you anticipate will be easily understood by your child?
- Which home activity topics do you think may pose a challenge for your child? How will you talk about these topics with your child?

EXIT CARD



- In what ways did this session help you in your faith and your role as a parent supporting your child's faith journey?
- For next time, what would you like to see included in the session to address your questions of faith and help you in your child's faith journey preparing to receive the Sacrament of Confirmation?
- Are there other things we need to know to assist you, your child and family?

CLOSING PRAYER

Almighty and eternal God,
who has given us new life through water and
the Holy Spirit,
send forth from heaven and shower upon us
the gifts of the Holy Spirit:
wisdom, understanding, counsel, fortitude,
knowledge, piety, and fear of the Lord.
Amen.