



# SACRAMENT OF CONFIRMATION

## PARISH-BASED SACRAMENTAL PREPARATION PROGRAM

### CURRICULUM CHART

Revised September 2017  
10 Sessions + Retreat

Session	PARISH	HOME	RESOURCES FOR CLASSROOM TEACHERS	PARENT SESSIONS
<b>Confirmation Information Night for Parents, Sponsors, and Candidates</b>	The Confirmation Information Night for Parents, Sponsors, and Candidates will be held in September. It is an evening session where parents, sponsors (if possible) and Confirmation candidates are invited.	-	Principals & teachers are invited to attend Confirmation Information Night.	
<b>1 Catechetical Session</b>	Introduction – review lesson 1 (An Introduction to Chosen) Activity on page 2 of the student workbook.  PARISH PROGRAM SESSION: Lesson 3: What’s your story God? (A Look at Salvation History)	CHOSEN, student workbook: Lesson 2: What makes me happy? (Discovering God as the Source) - Pages 5-14. Omit page 7.	CHOSEN DVD – Lesson 1 – Introduction (An Introduction to Chosen) Lesson 2 - What makes me happy? (Discovering God as the Source) - Workbook Review Page 7.	Parent/ Sponsor Session A – Salvation History

	DVD – Lesson 3 (skip review game and proceed to three segments)  HOMEWORK IN STUDENT WORKBOOK: Pages 5-14. Omit page 7.			
<b>2</b> <b>Catechetical Session</b>	PARISH PROGRAM SESSION: Lesson 4: How do I know God is real? (Understanding Divine Revelation)  DVD – Lesson 4 (skip review game and proceed to three segments)  Introduce and review the <b>Apostolic Service Project</b> guidelines and the <b>Mass Journal</b> noting the expectations which will be checked at the first session after Christmas.  HOMEWORK IN STUDENT WORKBOOK: Pages 55-64. Omit page 57.	Lesson 7: Where am I going? (A Look at the Four Last Things)  - Pages 55-64. Omit page 57.	CHOSEN DVD – Lesson 7: Where am I going? (A Look at the Four Last Things)  - Workbook Review page 57.	Parents/ Sponsors Invited to Attend Student Session 2 – Introduce Apostolic Service Project & Mass Journal
<b>3</b> <b>Catechetical Session</b>	PARISH PROGRAM SESSION: Lesson 5: Who is Jesus? (The Person and Mission of Christ)  DVD – Lesson 5 (skip review game and proceed to three segments)	Lesson 6: Why be Catholic? (Discovering the Church Jesus founded)  - Pages 45-54. Omit page 47.	CHOSEN DVD – Lesson 6: Why be Catholic? (Discovering the Church Jesus founded)  - Workbook Review page 47.	Parent/ Sponsor Session B – Jesus Christ

	HOMEWORK IN STUDENT WORKBOOK: Pages 45-54. Omit page 47.			
<b>4</b> <b>Last Catechetical Session before Christmas</b>	<p>PARISH PROGRAM SESSION: Lesson 8: How do I get there? (The Power and Purpose of the Sacraments)</p> <p>DVD – Lesson 8 (skip review game and proceed to three segments)</p> <p>HOMEWORK IN STUDENT WORKBOOK: Pages 75-84. Omit page 77.</p>	<p>Lesson 9: When did my journey begin? (Baptism, Your Initiation into God’s Family)</p> <ul style="list-style-type: none"> <li>- Pages 75-84. Omit page 77.</li> </ul>	<p>CHOSEN DVD: Lesson 9: When did my journey begin? (Baptism, Your Initiation into God’s Family)</p> <ul style="list-style-type: none"> <li>- Workbook Review page 77.</li> </ul>	<p>Parents/ Sponsors Invited to Attend Student Session 4</p>
<b>5</b> <b>First Catechetical Session after Christmas</b>	<p>PARISH PROGRAM SESSION: Lesson 10 – Why tell my sins to a priest? (The Healing Power of Confession)</p> <p>DVD – Lesson 10 (skip review game and proceed to three segments)</p> <p>HOMEWORK IN STUDENT WORKBOOK: Pages 95-104. Omit page 97.</p> <p><b>Collect the Mass Journal. Candidates are expected to have completed at least five reflections on Masses they attend. Provide candidates with the second Mass Journal.</b></p>	<p>Lesson 11 – How does God help when it hurts? (Anointing of the Sick &amp; Redemptive Suffering)</p> <ul style="list-style-type: none"> <li>- Pages 115-124. Omit page 117.</li> </ul>	<p>CHOSEN DVD: Lesson 11 – How does God help when it hurts? (Anointing of the Sick &amp; Redemptive Suffering)</p> <ul style="list-style-type: none"> <li>- Workbook Review page 117.</li> </ul>	<p>Parent/ Sponsor Session C – The Sacrament of Confession</p>

	<p><b>Collect the Apostolic Service Log. Candidates are expected to have logged at least four hours of apostolic service which includes at least two hours served in the parish.</b></p>			
<p><b>6</b></p> <p><b>Catechetical Session</b></p>	<p>PARISH PROGRAM SESSION: Lesson 12: Who is the Holy Spirit? (Meeting the Third Person of the Trinity)</p> <p>DVD – Lesson 12 (skip review game and proceed to three segments)</p> <p><b>Discuss the Apostolic Service Log with candidates and begin the second half of the log.</b></p> <p><b>Explain the Confirmation Saint Project and provide candidates with the Hand-Out of expectations for the project. Encourage candidates in the parish program to choose different saints so that the candidates in the program have the opportunity to develop an appreciation of the communion of saints.</b></p>	<p>Lesson 13: What does the Holy Spirit do for me? (Gifts for the Journey)</p> <ul style="list-style-type: none"> <li>- Pages 115-124. Omit page 117.</li> </ul>	<p>CHOSEN DVD: Lesson 13: What does the Holy Spirit do for me? (Gifts for the Journey)</p> <ul style="list-style-type: none"> <li>- Workbook</li> <li>Review page 117</li> </ul> <p><b>Provide support to students with the Confirmation Saint Project and explain the Hand-Out of expectations for the project. Create opportunities for research and presentations in the classroom.</b></p>	<p>Parents/ Sponsors Invited to Attend Student Session 6</p>

	HOMEWORK IN STUDENT WORKBOOK: Pages 115-124. Omit page 117.			
<b>7</b> <b>Catechetical Session</b>	<p>PARISH PROGRAM SESSION: Lesson 14: Why have I been chosen? (Sealed and Sent in Confirmation)</p> <p>DVD – Lesson 14 (skip review game and proceed to three segments)</p> <p>HOMEWORK IN STUDENT WORKBOOK: Pages 165-174. Omit page 167.</p>	<p>Lesson 18 – Are you talking to me? (Getting to Know God Through Prayer)</p> <p>Note: Catholic Prayers are on pages 248 to 251.</p> <ul style="list-style-type: none"> <li>- Pages 165-174. Omit page 167.</li> </ul>	<p>CHOSEN DVD: Lesson 18 – Are you talking to me? (Getting to Know God Through Prayer)</p> <p>Note: Catholic Prayers are on pages 248 to 251.</p> <ul style="list-style-type: none"> <li>- Workbook</li> <li>Review page 167.</li> </ul> <p>CHOSEN STUDENT TEXTBOOK</p> <p>Lesson 18: Who is Mary? (Meeting the Mother of God – and your heavenly family)</p> <p>CHOSEN DVD: Lesson 18: Who is Mary? (Meeting the Mother of God – and your heavenly family) pp. 175-184.</p> <ul style="list-style-type: none"> <li>- Workbook</li> <li>Review page 177.</li> </ul>	<p>Parent/ Sponsor Session D – (JOINT SESSION)</p>

<p><b>8</b></p> <p><b>Catechetical Session</b></p>	<p>PARISH PROGRAM SESSION: Lesson 15: Why do I have to go to Mass? (Encountering Jesus in the Eucharist)</p> <p>DVD – Lesson 15 (skip review game and proceed to three segments)</p> <p><b>Review how candidates are expected to put together this letter to the Bishop and support them in writing draft to take to their meeting with the parish priest.</b></p> <p>HOMEWORK IN STUDENT WORKBOOK: Pages 185-194. Omit page 187.</p>	<p>Lesson 20: What would Jesus do? (The Beatitudes as a Path to True Happiness)</p> <ul style="list-style-type: none"> <li>- Pages 185-194. Omit page 187.</li> </ul>	<p>CHOSEN DVD: Lesson 20: What would Jesus do? (The Beatitudes as a Path to True Happiness)</p> <ul style="list-style-type: none"> <li>- Workbook review page 187</li> </ul> <p><b>Provide support for students writing their Letter to the Bishop. Review how to write a formal letter.</b></p>	<p>Parent/ Sponsor Session E (JOINT SESSION)</p>
<p><b>9</b></p> <p><b>Catechetical Session</b></p>	<p>PARISH PROGRAM SESSION: Lesson 16: What does it mean to say “I do”? (Marriage, a Sign of God’s Love)</p> <p>DVD – Lesson 16 (skip review game and proceed to three segments)</p> <p>HOMEWORK IN STUDENT WORKBOOK: Pages 155-164. Omit page 157.</p> <p>For Reference:</p>	<p>Lesson 17 – Who’s calling? (Holy Orders and Vocational Discernment)</p> <ul style="list-style-type: none"> <li>- Pages 155-164. Omit page 157.</li> </ul>	<p>CHOSEN DVD: Lesson 17 – Who’s calling? (Holy Orders and Vocational Discernment)</p> <ul style="list-style-type: none"> <li>- Workbook Review page 157.</li> </ul> <p>CHOSEN STUDENT TEXTBOOK: Lesson 21: Do I Have What it Takes? (Building Virtue – Your Spiritual Workout) pp. 195-205.</p>	<p>Parent/ Sponsor Session F – The Sacrament of Marriage</p>

	<p>Lesson 22: Why wait? (God’s Plan for Love and Sex)</p> <p><b>Collect the Mass Journal, Apostolic Service Log and Confirmation Saint Project.</b></p>		<p>CHOSEN DVD: Lesson 21: Do I Have What it Takes? (Building Virtue – Your Spiritual Workout)</p> <ul style="list-style-type: none"> <li>- Workbook</li> </ul> <p>Review page 197.</p>	
<p><b>10</b></p> <p><b>Catechetical Session</b></p>	<p>PARISH PROGRAM SESSION: Lesson 23 – How do I build the kingdom? (Saying ‘Yes’ to the Mission of Christ and His Church)</p> <p>DVD – Lesson 23 (skip review game and proceed to three segments)</p> <p>HOMEWORK IN STUDENT WORKBOOK: Pages 225-224. Omit page 227.</p>	<p>Lesson 24 – Where do I go from here? (The Journey Continues)</p> <ul style="list-style-type: none"> <li>- Pages 225-224. Omit page 227.</li> </ul>	<p>CHOSEN STUDENT TEXTBOOK</p> <p>Lesson 22: Why wait? (God’s Plan for Love and Sex)</p> <p>CHOSEN DVD: Lesson 22: Why wait? (God’s Plan for Love and Sex)</p> <ul style="list-style-type: none"> <li>- Workbook</li> </ul> <p>Review page 207</p> <p>CHOSEN DVD: Lesson 24 – Where do I go from here? (The Journey Continues)</p> <ul style="list-style-type: none"> <li>- Workbook Review page 227</li> </ul>	

<b>Retreat</b>	There is a one-day retreat which includes material provided by the Peterborough Vocations' Office.	<p>NEXT STEPS AFTER RETREAT: Lesson 17: Who's calling? (Holy Orders and Vocational Discernment)</p> <p>Lesson 24: Where do I go from here? (The Journey Continues)</p>		The retreat is planned in partnership with the home, school and parish.
<b>Apostolic Service Project</b>	The Apostolic Service Project will be a minimum of eight hours in length (four hours in the fall and four hours in the spring). Two hours in the fall and two hours in the spring will be dedicated to service in the parish. The other four hours (over the year) may be served in the school and/or the community.	<p>PROGRAM REFLECTION MATERIAL: Lesson 5: Who is Jesus? (The Person and Mission of Christ) Lesson 20: What would Jesus do? (The Beatitudes as a Path to True Happiness) Lesson 23: How do I build the kingdom? (Saying "Yes" to the Mission of Christ and His Church) Lesson 24: Where do I go from here? (The Journey Continues)</p>		The school provides an age appropriate, welcoming and supportive environment for the child to plan a portion of their Apostolic Service Project.
<b>Mass Journal</b>	Each candidate for the sacrament of Confirmation is required to keep a Mass Journal which will be provided to them at the start of their	Lesson 5: Who is Jesus? (The Person and Mission of Christ)		



	<p>sacramental preparation program. The Mass Journal invites the young person to reflect on at least 10 celebrations of the Eucharist that they attend in the parish.</p>	<p>Lesson 10: Why tell my sins to a priest? (The Healing Purpose of Confession)  Lesson 11: How does God help when it hurts? (Anointing of the Sick and Redemptive Suffering)  Lesson 15: Why do I have to go to Mass? (Encountering Jesus in the Eucharist)</p>		
<b>Confirmation Saint Project</b>	<p>The Confirmation Saint Project is introduced after Christmas. Candidates in a parish program are encouraged to select different saints so that the candidates learn about different saints. An opportunity may be provided for them to display their Confirmation Saint Project in the parish and they will have the chance to share it at the Retreat.</p>	<p>There is a guideline for the project which is completed as homework. Access to the Internet will assist the students to learn information and to write it in their own words.</p>		
<b>Letter to His Excellency</b>	<p>Review how candidates are expected to put together this letter and support them in writing draft to take to their meeting with the parish priest.</p>	<p>Candidates will draft a letter to the Bishop expressing their faith and reasons for seeking the Sacrament of Confirmation.</p>		

<b>Mystagogia</b>	The Grade 8 Year will be the confirmands' time of mystagogia.		This will begin in the 2017-2018 school year. See CCCB, Criteria for Catechesis, 2015. Fourth Cycle – ages 12 to 14. Pages 195 to 266.
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